

**Nutramigen® with Enflora™ LGG® Infant Formula Powder
Preparation at Various Dilutions Using 1 Scoop of Powder***

Note: Powdered products are not commercially sterile and should not be fed to premature or immunocompromised infants, unless clinically required, and then under strict medical supervision of preparation and use.

Desired Calories per Fluid Ounce	Volume of Water** Add 1 Scoop Powder* to indicated Volume of Water		Formula Yield	
	mL	fl oz	mL	fl oz
5 Cal/fl oz	259	8.8	266	9.0
10 Cal/fl oz	126	4.3	133	4.5
15 Cal/fl oz	82	2.8	89	3.0
20 Cal/fl oz	60	2.0	67	2.3
22 Cal/fl oz	53	1.8	60	2.0
24 Cal/fl oz	48	1.6	55	1.9
26 Cal/fl oz	44	1.5	51	1.7
27 Cal/fl oz	42	1.4	49	1.7
28 Cal/fl oz	41	1.4	48	1.6
30 Cal/fl oz	37	1.3	44	1.5

*Nutramigen with Enflora LGG Powder should be measured with a **packed**, level scoop.

**When accuracy is essential, mL measurements should be used. Fluid ounce measures are provided for convenience when larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to nearest 0.1 fl oz.

One-half fl oz of water can be measured using one tablespoon.
(1 Tbsp water = 1/2 fl oz water.)

Powders mix best when added on top of water. Then close the bottle and shake for about 5 seconds. The number of scoops and the amount of water to add can be doubled or tripled to make a larger volume.

One scoop of powder provides 45 Calories.
One scoop of powder displaces about 7 mL or 0.2 fl oz water.
One fl oz = 29.57 mL.