

Enfamil® Enspire™ Gentlease® Infant
Formula Powder

Mixing Instructions for Various Concentrations and Volume Yields

NOTE: Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by the baby's doctor. See the product label for complete storage and use information.

	Final Volume, mL	120	240	360	480	600	720	840	960	1000
Desired kcal/fl oz	Powder to add*, g									
	Water to add, mL									
20 kcal/fl oz	Powder	16.1	32	48	64	80	96	112	128	133
	Water	108	216	323	431	539	647	754	862	898
22 kcal/fl oz	Powder	17.5	35	53	70	88	105	123	140	146
	Water	107	213	320	426	533	639	746	852	888
24 kcal/fl oz	Powder	19.1	38	57	76	95	114	134	153	159
	Water	105	211	316	421	527	632	738	843	878
27 kcal/fl oz	Powder	21	43	64	86	107	129	150	172	179
	Water	103	207	310	414	517	621	724	828	862
30 kcal/fl oz	Powder	24	48	72	96	119	143	167	191	199
	Water	102	203	305	407	508	610	711	813	847

*Powders mix best when added on top of water.