

**Enfamil PREMIUM® Gentlease® Infant Formula Powder**  
**Enfamil® Gentlease® Infant Formula Powder**  
**Enfamil® Reguline® Infant Formula Powder**  
**Dilutions Per 1 Scoop**

**Note: Powdered products are not commercially sterile and should not be used for immunocompromised patients, unless clinically required, and then under strict medical supervision of preparation and use.**

| Calories Desired |           | 1 Scoop Powder added to indicated Volume of Water* |       | Formula Yield |       |
|------------------|-----------|--|-------|---------------|-------|
| Per mL           | Per fl oz | mL   | fl oz | mL            | fl oz |
| 0.68             | 20        | 59   | 2.0   | 66            | 2.2   |
| 0.74             | 22        | 53   | 1.8   | 60            | 2.0   |
| 0.81             | 24        | 48   | 1.6   | 55            | 1.8   |
| 0.88             | 26        | 44   | 1.5   | 50            | 1.7   |
| 0.91             | 27        | 42   | 1.4   | 49            | 1.6   |
| 0.95             | 28        | 40   | 1.4   | 47            | 1.6   |
| 1.01             | 30        | 37   | 1.3   | 44            | 1.5   |

Enfamil Gentlease and Enfamil Reguline Powders should be measured with **unpacked**, level scoops, using the scoop enclosed in the can.

When accuracy is essential, water should be measured in mL, and powder should be weighed rather than measured.

\*Fluid ounce measures are provided for convenience when larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to nearest 0.1 fluid ounce.

Powders mix best when added on top of water. Then close bottle and shake for about 5 seconds. The number of scoops and the amount of water to add can be doubled or tripled to make a larger volume.

One scoop of Enfamil Gentlease and Enfamil Reguline Powders (8.7g) provides 44 Calories.

One scoop of Enfamil Gentlease and Enfamil Reguline Powders displaces about 0.2 fl oz water.

One-half fl oz of water can be measured using one tablespoon (1/2 fl oz water = 1 Tbsp water).

One fl oz = 29.57 mL.