

Pregestimil® Infant Formula Powder
Yields about 1 quart

Note: Powdered products are not commercially sterile and should not be fed to premature or immunocompromised infants, unless clinically required, and then under strict medical supervision of preparation and use.

Calories Desired	Amount of Powder Grams (Approximate Household Measures*)	Amount of Water Fluid Ounces
Cal/fl oz		
20	128 g (1 cup)	28.5
22	141 g (1 cup + 1 Tbsp + 2 tsp)	28.5
24	153 g (1 cup + 3 Tbsp)	28
26	166 g (1 ¼ cups + 2 tsp)	27.5
27	172 g (1 1/3 cups + 1 tsp)	27.5
28	179 g (1 1/3 cups + 1 Tbsp)	27.5
30	192 g (1 ½ cups)	27

*Household measure is a ***packed, level*** measure.

Weighing powder products provides the most accurate final preparation. Approximated household measurements are provided as a convenience when a precise dilution is not required.

One-half fl oz of water can be measured using one tablespoon (1 Tbsp water = ½ fl oz water).