

Enfamil A.R.™ Powder Infant Formula

Dilutions Per 1 Scoop

Note: Powdered products are not commercially sterile and should not be used for immunocompromised patients, unless clinically required, and then under strict medical supervision of preparation and use.

Dilutions Per 1 Scoop		
Calories Desired, per fl oz	1 Scoop Powder (9 g) added to indicated Volume of Water*, fl oz (mL)	Formula Yield, fl oz (mL)
20	2.0 (59)	2.2 (66)
22	1.8 (53)	2.0 (60)
24	1.6 (48)	1.9 (55)

Yields about 1 Quart		
Calories Desired, per fl oz	Amount of Powder, grams (approximate household measures)	Amount of Water (fl oz)
20	129 g (1 1/3 cup)	28.5
22	142 g (1 1/3 cup + 2 Tbsp)	28.5
24	154 g (1 1/2 cup + 1 Tbsp+ 1 tsp)	28.0

Scoops and household measures of Enfamil A.R. Powder should be **unpacked**, level measures. Enfamil A.R. Powder should **not** be prepared to caloric concentrations higher than 24 Cal/fl oz because of increased viscosity.

*Fluid ounce measures are provided for convenience when larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to nearest 0.1 fluid ounce.

One-half fl oz of water can be measured using one tablespoon (1/2 fl oz water = 1 Tbsp water).

When accuracy is essential, water should be measured in mL, and powder should be weighed rather than measured. Contact mjmedicalaffairs@mjn.com for those instructions.

Powders mix best when added on top of water. Then close bottle and shake for about 5 seconds. Let the bottle sit 5 minutes, then shake again. The number of scoops and the amount of water to add can be doubled or tripled to make a larger volume.

One scoop of Enfamil A.R. Powder (9 g) provides 45 Calories.

One scoop of Enfamil A.R. Powder displaces about 0.2 fl oz of water.

One fluid ounce = 29.57 mL.

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