

**PREPARATION INSTRUCTIONS**

**Enfagrow® PREMIUM™ Toddler Next Step™ Natural Milk Flavor  
and Enfagrow® Toddler Next Step® Vanilla Flavor  
Milk Drinks**

(Yields about 1 Quart)

<b>Calories Desired, fl oz</b>	<b>Amount of Powder</b>		<b>Amount of Water, fl oz</b>
	<b>grams</b>	<b>Approximate Household Measurements*</b>	
24	173	1-1/2 cups + 1 Tbsp + 2 tsp	27.5
26	187	1 2/3 cups + 1 Tbsp	27.5
27	195	1-3/4 cup + 1 Tbsp	27
28	200	1- 3/4 cups + 1 Tbsp + 2 tsp	27
30	220	2 cups + 1 tsp	26.5

<b>Dilutions Per 1 Scoop</b>		
<b>Calories Desired, per fl oz</b>	<b>1 Scoop Powder (12 g) added to indicated Volume of Water*, fl oz (mL)</b>	<b>Formula Yield, fl oz (mL)</b>
<b>24</b>	<b>1.9 (56)</b>	<b>2.2 (65)</b>
<b>26</b>	<b>1.7 (51)</b>	<b>2.0 (60)</b>
<b>27</b>	<b>1.7 (49)</b>	<b>2.0 (58)</b>
<b>28</b>	<b>1.6 (47)</b>	<b>1.9 (56)</b>
<b>30</b>	<b>1.5 (43)</b>	<b>1.8 (52)</b>

\*Unpacked, level measures

Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required.

One scoop (12 g) has 53 calories. One scoop displaces about 0.3 fl oz water.

One-half fluid ounce of water can be measured using one tablespoon (1 Tbsp water = 1/2 fl oz water).