

Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil[®] Infant Formula

Infant Formula Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



To make

22 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 Tbsp + 2 tsp
<input type="checkbox"/>	32 fl oz	+	1 c + 1/3 c + 1 Tbsp

To make

24 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	3 Tbsp
<input type="checkbox"/>	32 fl oz	+	1 c + 1/2 c + 2 tsp

To make

26 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	3 Tbsp + 1 tsp
<input type="checkbox"/>	32 fl oz	+	1 c + 2/3 c + 1 tsp

To make

27 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	3 Tbsp + 1 tsp
<input type="checkbox"/>	32 fl oz	+	1 c + 3/4 c + 1 tsp

To make

28 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	3 Tbsp + 2 tsp
<input type="checkbox"/>	32 fl oz	+	1 c + 3/4 c + 1 Tbsp + 1 tsp

To make

30 CALORIES
per fluid
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	+	Enfamil Infant Powder to Add
<input type="checkbox"/>	4 fl oz	+	1/4 c
<input type="checkbox"/>	32 fl oz	+	2 c



Note: All household measurements (c = cup, Tbsp = tablespoon, tsp = teaspoon, oz = ounces) are approximations and should be unpacked and level. Some measurements may be identical in order to utilize household measurements instead of grams. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.