Patient: _____ Date: _____

Healthcare Provider: _____

Enfamil® Gentlease® Infant Formula Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except,** in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

To make **22** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	2 Tbsp + 2 tsp
☐	32 fl oz	+	1 c + ⅓ c + 1 Tbsp

To make **24** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	3 Tbsp
☐	32 fl oz	+	1 c + ½ c + 2 tsp

To make **26** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	3 Tbsp + 1 tsp
☐	32 fl oz	+	1 c + ⅔ c + 1 tsp

To make **27** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	3 Tbsp + 2 tsp
☐	32 fl oz	+	1 c + ¾ c + 1 tsp

To make **28** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	3 Tbsp + 2 tsp
☐	32 fl oz	+	1 c + ¾ c + 1 Tbsp + 2 tsp

To make **30** CALORIES per fluid ounce:

✓	Initial Water Volume (fluid oz)		Enfamil Gentlease Powder to Add
☐	4 fl oz	+	¼ c
☐	32 fl oz	+	2 c

Note: All household measurements (c = cup, Tbsp = tablespoon, tsp = teaspoon, oz = ounces) are approximations and should be unpacked and level. Some measurements may be identical in order to utilize household measurements instead of grams. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.