

Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® EnfaCare® Infant Formula Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



To make	<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	Enfamil EnfaCare Powder to Add
20 CALORIES per fluid ounce:	<input type="checkbox"/>	4 fl oz	2 Tbsp + 2 tsp
	<input type="checkbox"/>	32 fl oz	1 c + 1/3 c + 1 tsp
<hr/>			
To make	<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	Enfamil EnfaCare Powder to Add
24 CALORIES per fluid ounce:	<input type="checkbox"/>	4 fl oz	3 Tbsp + 1 tsp
	<input type="checkbox"/>	32 fl oz	1 c + 1/2 c + 2 Tbsp + 2 tsp
<hr/>			
To make	<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	Enfamil EnfaCare Powder to Add
26 CALORIES per fluid ounce:	<input type="checkbox"/>	4 fl oz	3 Tbsp + 2 tsp
	<input type="checkbox"/>	32 fl oz	1 c + 3/4 c + 1 Tbsp + 1 tsp
<hr/>			
To make	<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	Enfamil EnfaCare Powder to Add
28 CALORIES per fluid ounce:	<input type="checkbox"/>	4 fl oz	1/4 c
	<input type="checkbox"/>	32 fl oz	1 c + 3/4 c + 3 Tbsp + 2 tsp
<hr/>			
To make	<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)	Enfamil EnfaCare Powder to Add
30 CALORIES per fluid ounce:	<input type="checkbox"/>	4 fl oz	1/4 c + 1 tsp
	<input type="checkbox"/>	32 fl oz	2 c + 2 Tbsp + 1 tsp



Note: All household measurements (c = cup, Tbsp = tablespoon, tsp = teaspoon, oz = ounces) are approximations and should be unpacked and level. Some measurements may be identical in order to utilize household measurements instead of grams. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.